
The Life and Career Navigator

Trainer: Svenja Neupert
Duration: 2 days
Languages: German or English



Preparing for your unique career profile in scientific and non-scientific fields

- Combinations of career scenarios
- Clarity of direction and life vision - Who am I? What do I really want? What is the purpose of my dissertation? What do I want to achieve?
- Destination Management - How do I turn my holistic vision into concrete career goals?
- How do I resolve conflicts (e.g. career planning-private goals - the mobility requirement)?
- Dynamic planning methods - goal planning with many unknown elements
- Overview of conventional and unconventional career strategies
- Creating a personal career-specific integrated navigation plan - next steps

This seminar comprises inspirational input, group work, discussion and individual exercises which combine to form a powerful learning experience, with lasting effects.